

## Heart Start Drive gets \$2,000 donation

While Todd Sorenson looks at the camera, Christine Thomas and Della Sevnski look at the check the two members of the Boyne Falls Polish Festival Committee gave Tuesday to the Boyne City Ambulance Heart Start Fund. The amount of the check was \$2,000 which put over the top the drive to purchase equipment that may save lives of heart victims. With the more than \$7,000 raised by the ambulance fund, equipment for both the primary and the back-up ambulance was purchased. The drive only took a few weeks and city officials had thought it would take much longer. The donation from the Polish Festival Committee put the drive ahead of schedule.



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Northwest Michigan  
Vacationeer  
included  
in this issue

# Charlevoix County Press

Volume 110, Number 25

August 16, 1989

30 Cents

## BC School lunches to cost same as last year

Several months ago, it was thought that the Boyne City School District was drastically losing money in their hot lunch program, but after some intensive research, the loss is not as great as had been thought. With that information in hand, the Boyne City School Board voted to keep the hot lunch prices at the same level this upcoming school year.

The school administration had told the board members several months ago that they were probably going to have to increase the lunch costs, after a first glance showed the program was about \$35,000 in the red, but after some number crunching and following some recommendations of others, the program will be only about \$7,000 in the red, a number, Superintendent Bob Nakoneczny told the board the school district could live with by making even

more improvements to get the fund to a breakeven point this school year.

The costs will be comparable to other school districts in the area, Nakoneczny said.

Also, at the monthly board meeting, approval for purchasing of new doors for the bus garage at a cost of \$19,300, was given. The money to pay for the doors will come from the energy bond funds, Nakoneczny said.

The original doors are in a bad state of repair, he told the board, showing them pictures of the original doors that are showing the signs of age. Some of the doors have dry rot and most of the hard-board panels are loose. Some of the panels have holes.

Nakoneczny said the present doors also have no insulating value while the new doors, made of insulated steel, will help reduce heating costs of the garage.

He said one of the things that impressed him when he first looked at the school system was the shape of the busses in the system. He said that having the bus garage in which to store the busses was the reason, along with a good mechanic to keep the busses in shape.

With the new doors, the busses can be kept in better shape, he added, because the heating of the garage helps keep the busses from rusting. And with the insulating value of the doors, the costs would be less.

In other action, board members approved the bids of Lansing Dairy for the milk, Schaffer Bakeries for the bread, Bay Oil for the gasoline, Howard Oil for the diesel fuel and Waste Management for the trash removal. All were the low bidders for their products.

In the personnel area, the board approved the hiring on a full time

basis, Wendy Sewell, the elementary school social worker. She will be offered a contract for \$32,177 for the year.

Shirley Howie, the new transportation co-ordinator was given approval to remain in the bargaining unit through a special letter of agreement with the union and the school board.

The board then rehired four flag football coaches for the middle school and renamed Bill Hutchinson to head the eighth grade girls' basketball team.

In the high school, the board approved the hiring of Scott Moody to be an assistant football coach, pending the amount of athletes out for the sport. They also named Kelly Bemiss as the new girls' Jayvee basketball coach.

The board then approved the school faculty and student handbooks for the year. The only major changes in the high school handbook will be that it is in folder form. Another change will have the school system providing a Saturday detention period if needed.

In the middle school handbook, there will be very minor changes, Principal Steve Smith told the board. He said there will be three lunch periods to segregate the classes and they will be having a Saturday detention period in conjunction with the high school.

There are no changes in the elementary school handbook and minor changes in the athletic code.

Nakoneczny congratulated Howie and the writing of the first transportation manual for the district, something he said was needed. The board gave their approval to that effort as well.

Board members then appointed Eleanor West to be their representative to vote on the Michigan Association of School Board Board of Directors' election.



Looking into the innards of a Model A were a pair of judges, Judge Harvey Varnum and Bud Hardy as the two went up and down the row of Model As, trying to determine which car was deserving of an award. Other pairs of judges were looking at later cars in the many categories for the annual Antique Car Show held last weekend in Boyne City. About 130 cars were participating in the show on Sunday, while thousands of people were visiting the booths of the flea market both Saturday and Sunday.

## Boyne approves park plans

Plans for Boyne City parks were formally approved by members of the City Commission at the noon meeting Tuesday listing all of the proposed and projected ideas of the city's Parks and Recreation Advisory Board.

The city has been using a portion of the Charlevoix County parks and recreation plans for their projects in the past, working with the county to get grants to prepare and develop the projects.

But members of the Parks Board decided several months ago that perhaps it would be better to

have the city develop its own parks plan in order to apply for grants.

They have spent several months developing the plans that include all of the city owned parks.

Some of the items included for each park are, "way off into the future," said Andy Andrick, a member of the parks board, "if they were included so that if the project can be funded, it would have a better chance to get the approval from the granting committee as it has been included in the parks plan."

Specifically, things the parks board hopes to get done in Veteran's Park includes the repair or replacement of the band shell, curbing along Lake Street, adding more picnic tables and waist high stoves, construction of a tots play area, redrilling the artesian well, paving the drive behind the Little League field and paving the parking areas.

They also hope to someday put in a sprinkler system for watering the park, add a walkway along the waterfront, rebuild the launch

ramp and add a shoppers' dock, and finally install other recreational facilities like shuffleboard courts.

At Peninsula Beach, the city's newest park, they hope to add a picnic shelter, purchase a sand cleaner, bring in more beach sand and remove hazards in the water. Additionally the city hopes to construct a decorative wall to retain the sand in the beach area and add a flow tube from Lake Charlevoix to the swim areas to keep the water fresh.

Other parks throughout the city also have eight or nine items per park on the list telling what improvements that could be made.

See Parks/Page 4

## Youth dies after hitting winch cable

Charlevoix County Sheriff's Department deputies are still investigating an accident that claimed the life of a nine year old boy from Royal Oak, Michigan, early Sunday afternoon.

The accident occurred when Kristopher Nichols was riding his minibike along Springwater Beach, near Boyne City, when he apparently ran into a winch cable that was stretched across the road about 100 pm.

Workers were using a power winch to pull a pick-up truck back to a parking pad it had rolled off from when the boy was coming down the road.

Nichols disregarded the calls of four people warning him about the cable and swerved around the people and ducked under the first of two cables. He hit the second cable and was thrown from the bike.

The child was transported to Northern Michigan Hospitals by the Boyne City ambulance crew where he died about 1:38 p.m.



Boyne City firemen had an easy fire run last Friday, only having to show up at the fire hall. In front of it, a truck hauling nine bales of hay had stopped, after driving through town with the load on fire. It took firemen some time to put out the fire, using foam ad-

## News Briefs

Registration for new elementary students will be held Aug. 23 at the Boyne City Elementary School. Parents who have not enrolled their children for the school year are asked to come to the school between 9 a.m. and 11 a.m. or between 1 p.m. and 3 p.m. Kindergarten children will need a birth certificate and an immunization record. Any records from other schools will be helpful for children in the first through fourth grades.

Tickets are now available for a roast buffalo dinner that is part of the fund raising drive of the Community Christmas Program. The event will be held at the Boyne City High School cafeteria and tickets are available at the Chamber of Commerce in Boyne City or any area church. Included with the roast buffalo, which was donated by Oleson's Markets, will be mashed potatoes, vegetables, casseroles, molded salads, and lots of homemade pies. Proceeds from the dinner, which will be held Aug. 24 starting at 5 p.m., are used to provide food and toys for the disadvantaged of this area at Christmas time. If you have questions, Thelma Behling will answer them.

ded to the water and a special device so that water could be sprayed into the large bales. It provided quite a show to those vendors lined up for the annual Flea Market.

# Obituaries

## OLA MAE MASSEY

Ola Mae Massey, 61, of Boyne City, died August 12, 1989, at Provincial House, Gaylord.

Funeral was Tuesday, August 15, at the Stackus Funeral Home, Boyne City. Pastor Douglas Greenway of the Water of Life Chapel in Boyne City officiated. Burial was in Maple Lawn Cemetery, Boyne City.

The former Ola Mae Parks was born May 4, 1928, in Boyne City, the daughter of George and Margaret (Smith) Parks. She always lived in Boyne City and attended Boyne City schools.

On August 12, 1946, she married Harold Massey in Boyne City. He

preceded her in death June 16, 1987.

Survivors include: three sons, Randy and Michael of Boyne City, and Steven of Boyne Falls; three daughters, Mrs. Rod (Diana) Loper of Boyne Falls, Mrs. Earl (Judy) White and Mrs. Dave (Shirley) Coblenz both of Boyne City; her mother, Mrs. William (Margaret) Archer of East Jordan; seven grandchildren; three brothers, Harley of Boyne City, Matthew of Grand Rapids and Ralph of Muskegon; one sister, Mrs. William (Grace) Archer of Muskegon.

## HENRY (HANK) BOS

Henry (Hank) Bos, 69, of East Jordan, died August 11, 1989, in South Arm Township.

Funeral was Tuesday, August 15, at the Paullin Funeral Home, East Jordan. The Rev. Walter Freel officiated and burial was in Hilview Memorial Gardens, Pontiac.

Mr. Bos was born October 26, 1919, in Atwood, the son of John and Hattie Klooster Bos. He grew up in Atwood and lived more than 30 years in and around East Jordan.

Mr. Bos was the owner and operator of the Bos' Thrift Supermarket in East Jordan until it was sold to Glen's Market in the early 1960s.

He served in the U.S. Air Force during World War II in the

European Theater and was a member and past commander of the Hosler-Rebec-Sweet Lodge, East Jordan American Legion Post 227.

He enjoyed golfing and bowling.

Survivors include: three sons, Michael Bos of East Jordan, Jon D. Bos of Whitefish, Mont., Tom H. Bos of Des Moines, Iowa; five grandchildren; two great-grandchildren; a brother, Adrian Bos of Huntington Beach, Calif.; three sisters, Mrs. William (Freda) Coeling of Petoskey, Mrs. LaVern (Hildegard) Scheerhorn of Grandville and Mrs. Ron (Joan) Meyers of Grand Rapids.

The family suggests memorials to the East Jordan Ambulance Fund. Envelopes for that purpose are available at the Paullin Funeral Home.

## GEORGE W. WALKER

George W. Walker, 55, of Pontiac, died Aug. 13, 1989, at Charlevoix Area Hospital.

Funeral will be 10 a.m. Thursday, Aug. 17 at the Hastings Funeral Home, Ellsworth. Burial will be in the Ellsworth Cemetery.

Mr. Walker was born Feb. 6, 1934, in Ellsworth, the son of Libburn and Edith (Palmer) Walker. He was a veteran of the Korean Conflict, serving with the U.S. Air Force.

He was employed by General Dynamics in Warren until his retirement in 1979.

Mr. Walker is survived by: one daughter, Mrs. Lee (Peggy) Prevo of East Jordan; two sons, William Walker of Fairfield, Calif. and Mike Lee of Oxford; two step-daughters, Mrs. Lewis (Lori) Cox of Highfield, Md., and Jodene Woods of Pontiac; one stepson, Charles Woods of Pontiac; five grandchildren; two brothers, Wesley Walker of Clawson and Delbert Walker of Hollywood, Fla.; three sisters, Mrs. Frances Eaton of Ann Arbor, Mrs. Anne Toma of Clawson and Mary Walker of Alpena; several nieces and nephews; a companion, Joanne Woods of Pontiac.

Friends may call 24 and 7-9 p.m. on Wednesday at the Hastings Funeral Home, Ellsworth.

## Weidler earns scholarship from Associated Food Dealers

Curtis Weidler, a former East Jordan High School student, was awarded a \$500 scholarship from the Associated Food Dealers (AFD) of Michigan at its annual



CURTIS WEIDLER

scholarship dinner held Thursday evening in Walled Lake. A total of 14 students received AFD scholarships statewide.

## BCHS classes of '58, '59 hold reunion at VFW Hall

BY NANCY NORTHUP

On Saturday night, August 12, the Boyne City High School classes of '58 and '59 merged for their 30th and 31st reunion. The nostalgic event was very well attended and held at the K of C Hall.

It was a real trip down memory lane as the theme of the evening was "The 50s" and many arrived in poodle skirts, saddle shoes, blue jeans, cuffed pants, "butch" haircuts, and turned up collars — and pony tails. They fitted right in with the posterized walls of the celebrities of that era, along with the Rambler colors of blue and red balloons, creative table decorations of wooden berry boxes filled with red and white crepepaper flowers with sprigs of baby's breath and white tapered candles.

All enjoyed an excellent prime rib/chicken dinner and accompaniments, catered by Mary Cay Hennessey, and the 50s music of disc jockey Tim Kirby, son of John and Maryjane.

The fun program after dinner included a 50s "best dressed" king and queen for each class, and a professional touch of auctioneer Harold Hardy, a mental treasure hunt of the various business places of thirty years ago, and a unique humorous but true letter sent by

Weidler attends the University of Michigan and has a dual major in political science and economics. He was ranked first in his high school class of 65 students.

"The Associated Food Dealers Scholarship program encourages bright and deserving students to further their education," said Joe Sarafa, executive director of the association. "Weidler exemplifies the academic excellence and leadership that is vital to our commitment of the future."

The AFD scholarship fund was established in 1972. Employees of AFD members or children of employees are eligible for the program. Weidler is employed at the Trading Post Party Store in East Jordan.

The Associated Food Dealers of Michigan, founded in 1910, is the oldest and largest food and beverage association in Michigan. The AFD represents nearly 3,000 members across the state including retailers, processors, wholesalers and brokers. The association is headquartered in Southfield.

"58er" Charlene (Williams) Walker, from Hawaii, who was unable to attend, entitled "We Are Survivors".

Hope that I don't forget anyone, but a few among those attending, other than those from the local area, from the class of '58 were: the Bob Christensens of Rockford, the Jack (Pat Fritz) Mangios of Lee Summit, Mo., the John LaDeres of East Jordan, the Jack Hartleps of Ann Arbor, the Ed (Sally Shaler) Pasques of Hazel Park, the Harold (Judy Houck) Hardys of Harrison, the Gordon (Nelda Kindy) Stanleys of Cedar Springs, Judy (Duncan) Upjohn of Kalamazoo, the Alfred (Carol Reinhardt) Heffingtons of Grand Rapids, Bedella (Shaler) Feagen of East Jordan, and the Richard (Carrie Miller) Ludwigs of Marlette.

Those from the class of '59 were: Ruth (Avery) Becker of Milford, Eve (Battiste) Wilkie of Madison, Wis., and Frank (Sandra Boyer) Tazsreks of Clare, Pat Bryan of Petoskey, Patricia (Burley) Shermerhorn of Newport News, Virginia, Paul Churchill of Flint, Sue (Everest) Choinsky of Warren, the Dick (Nancy Gardener) Browns of Petoskey, the Eugene (Janice Koepke) Judays of Petoskey, the Paul (Joyce Godette) Hibbards of Millington, and Dennis Milbrandt of Eau Claire, Wis.

## Former residents visit local Eastern Star chapter

Evangeline Chapter No. 95, Order of Eastern Stars, was pleased to have former Boyne City residents Margaret Matthew, P.W.G.M., and her husband, Ira, as visitors.

It is hoped that Lillian Hartnell, Winnie Fairchild, Mary Ellis, Grace Pratt, and Dorothy McClure will

soon be feeling better.

The officers' party was held at the temple in Boyne City on August 14th.

Initiation will be a portion of the regular meeting on September 11th at 8 p.m., and Pellston Chapter has been invited for Friendship Night that night also.

## In service

Marine Cpl. Jonathan L. Golke, son of Leo E. and Elsie M. Golke of East Jordan, recently departed San Diego on deployment to the Western Pacific Ocean while serving with the 11th Marine Expeditionary Unit, Camp Pendleton, Calif.

During deployment Golke will participate in numerous military exercises and will visit several foreign ports such as South Korea, Thailand, Hong Kong and the Republic of the Philippines.

with  
Nancy Northup  
582-9174

# Neighbors

What is a surprise? What is a shock? ask Sandy Newville. Her family gathered at her home for a surprise 50th birthday party on Thursday, August 10th. Those attending were her mother, Ruth Yahr, of Boyne City, her father, Arthur Yahr and Nellie Yahr of Pontiac, her brother, Gordon Yahr and wife Mary Lou and family of Battle Creek, her sister, Kathy Dagley of Lapeer, and guests, Tom Kujawski of Boyne City and his sister, Dolly, of Florida.

A correction for last week's item...it should have read...Bob and Eloise McGeorge of Traverse City were here over the weekend visiting his mother, Pauline Laisure and her parents, Marion and Beulah Massey.

On Tuesday, August 8th, there were 800 attending the Morris Fork Craft Show and sales at the Presbyterian Church throughout the afternoon. The Morris Fork Craft Show, which features many hand crafted items out of Kentucky, is an annual mission outreach project for the church. A salad luncheon was served.

Dan Schmittiel and wife Julie of Chicago, and Andy Schmittiel of Detroit, spent a long weekend here visiting their mother, Marie, and Julie's parents, Bill and Mary Dunlap.

Mae Massey passed away after a long illness, at the Provincial Home in Gaylord over the weekend.

## 8th Grader David Moulton participates in Michigan Tech Summer Youth Program

David Moulton of Boyne City recently participated in Michigan Technological University's Summer Youth Program. He was among 960 junior and senior high school students attending the University's seventeenth annual Summer Youth Program held July 9-August 5. Each student has the opportunity to participate in one of fifty-five week-long explorations. Program design focuses on career

Jane Charvat and daughter Katy returned to Winter Park, Florida on Saturday. Her daughter Julie left on Thursday. They all had been here with Jane's dad, Everett Northup, who will be staying here for awhile.

The Rev. and Mrs. John Wyngarden, former Presbyterian minister of the 40s, are visiting in the area for a couple of weeks.

Jim and Kathy Rice of Tecumseh were here over the weekend visiting her parents, the Charles Inmans, and other relatives.

Winners of Thursday's bingo games at the mealsite were, 1st regular-Irene McGeorge, 2nd-Mary Towne, 3rd-Rose Reinhardt, and 4th-Dorothy Blough. The 1st special was a split between Jenny Jodway and Barbara Ross and the 2nd went to Flo Tanja. The cover all went to lucky Jenny Jodway and all games were called by Lyle Ross.

On Friday evening, a group of 38 seniors got together and those who were able enjoyed playing miniature golf before enjoying a buffet supper at the Country Star Restaurant. They also honored the birthdays of Mary Towne and Irene McGeorge.

On Saturday night family and friends gathered at the Larry and Irene Williams home in celebration of their son Shawn's 14th birthday. All enjoyed a fun time of pizza, birthday cake and ice cream, especially Shawn. A belated Happy Birthday, Shawn.

exploration and development of new skills through laboratory, classroom, and field experiences, with each exploration directed by a Michigan Tech faculty member or a specialist in that area of study.

Moulton, an 8th grader at Boyne City Middle School, participates in track and field. He is the son of Bruce and Candy Moulton of Boyne City.

## Engaged? Making wedding plans?

### The Press would like to print your announcement and picture

The Charlevoix County Press publishes engagement and wedding announcements without charge.

Pictures are welcomed, but we do suggest a few guidelines. Good quality black and white photographs, either of the couple or bride-elect are preferred. All photographs are kept on file in the Press office and may be picked up at any time following publication. Those pictures not picked up after six months will be discarded.

Wedding and engagement announcement forms are available at our office or will be mailed upon request and the receipt of a self-

addressed stamped envelope.

While we try to publish each announcement the week that we receive it (and in the case of weddings, the first publication date following the ceremony), space constraints sometimes force us to delay the printing of the announcement for one or two weeks. Therefore, we ask that information be received at least two weeks before the intended publication so that we might better plan for its publication.

We will not accept wedding announcements received more than four weeks after the wedding.

## In service

Navy Fireman Recruit Brian F. Slattery, son of John W. and Karen A. Slattery, of Charlevoix, was graduated from Basic Hull Maintenance Technician School.

During the 8-week course at Naval Damage Control Training

Center, Philadelphia, Slattery received instruction on the basics of welding, pipefitting and metal smithing. He also studied the procedures used to fabricate, install and repair all types of shipboard structures, plumbing and piping systems.

## EXCELLENT OPPORTUNITY

Excellent opportunity for high school juniors from Boyne City, Boyne Falls, and East Jordan to become sports reporters or school writers.

The Charlevoix County Press is now interviewing students to cover football, basketball, and other fall sports as well as general school news.

Positions will begin with the school year.

Send application or resume to:  
Charlevoix County Press  
P.O. Box A  
Boyne City, MI 49712

or call 582-6761 to arrange for an interview.

## How can a renter insure peace-of-mind?

### No problem.

Auto-Owners Apartment Dwellers coverage protects the contents of your apartment from loss due to theft, vandalism, fire, water, wind and other losses. It also covers you and your family in case someone is injured in an apartment accident. And you can even get coverage that pays for temporary living quarters, in case something happens to your apartment. Ask your "no problem" Auto-Owners agent about renter's insurance for your peace-of-mind.



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## NOTICE

EAST JORDAN FAMILY HEALTH CENTER

The Annual Meeting of the membership of the East Jordan Family Health Center will be held on Thursday, August 31, 1989, at 7:00 p.m. in the Health Center Community Room.

The terms of three board members will expire and their positions will be filled by membership vote.

An open house will be held at 6:00 p.m. Tours of the Health Center will be conducted and refreshments will be served.

aug 16, 23

## Letters

The Charlevoix County Press welcomes letters to the editor on subjects of interest to our readers. Short letters are most likely to be chosen for publication, but the use of any material is at the discretion of the editor. The editor reserves the right to edit letters to meet space requirements, clarity or to avoid obscenity, libel or invasion of privacy.

Upon request, editors will use initials only, but only rarely and for compelling reasons. Letters published do not necessarily reflect the editorial policies or beliefs of this newspaper. All letters must bear the handwritten signature of the writer and include the address and telephone number(s) for verification purposes. (Address and phone number will not be printed.)

# Opinions

## We need a light!

If you had to drive through Boyne City last weekend, you probably came up against one of the few traffic problems the community has had in its long life.

When the flea market, or the Fourth of July and a few other events use the Veterans' Park, traffic seems to get bottled up and that helps to make driving through town somewhat dangerous.

Dangerous because of cars backing out of places that should not be used for parking, dangerous because of kids darting across the road, and dangerous because it is the main thoroughfare for getting from one point to another.

We think it is about time the city really consider putting up a traffic light at the intersection next to the City Hall. It would help alleviate some of the problems with people crossing the street dodging the cars.

The light could also be used to stop traffic when the fire trucks and other emergency vehicles leave the garages, if the controls were placed in the dispatcher's office.

That is just one of the possibly several cures that could help the situation. Another would be the widening and paving of the street to three or four lanes from the traffic light downtown out to Glen's Market.

Sure there would be a cost involved, and yes, we have heard for years how strapped the city is for cash to do the work that would improve the city. But we think it is time for the city to do some thinking about what could be a beautification project, a solution to traffic control, and help develop better parking areas when the crowds do show up for the events of the summer.

Money for the project could come from the additional taxes that will come on stream when the current TIFA bond issue comes off.

That issue involves tax money that comes to the city and is earmarked to help pay off the water and sewer costs needed to provide those services to the industrial park.

We figure the TIFA has about two more years before it is paid up. We also figure it would take about two years for the city to engineer out the plans that would be needed to upgrade the roadway.

Now is the time to start the planning.

## Jottings

BY JIM SILBAR

Bob Nakoneczny, Chuck Smith and Chip Hason all have a problem coming up. They probably don't even know it yet, or maybe they do and are hoping it would just go away.

The problem is whether or not they should recommend supporting either or both of the upcoming ballot proposals that are calling for an increase in the sales taxes we all pay.

On the one hand, all three men support good quality education, and all three know it takes money to provide for that education. They also know that teachers are going to constantly want more pay for the same job they are doing, that insurance and other costs outside of education have increased as well, and that money has to be found to pay for those costs.

Right now, it is the taxpayer's local property tax that is carrying the burden of most of those costs, even with East Jordan getting some state aid money. But most of the funds to operate the schools, is local money from you and I.

If either of the proposals pass, then some school districts will be getting more money to help pay for some of the increased costs. How much will come to districts like Boyne City and Boyne Falls remains to be seen...they may not even get anything while the downstate schools will get it all.

And that is where the hang up will come.

If they say the proposals are good, and we believe it, what is going to happen when the "tax relief" is a fallacy, the local schools don't see any state money and the school districts are having to provide additional mandated things in order to qualify for some sort of state "opportunity."

Will we voters get out the tar and feathers? Will we voters ever want to support any other millage requests the local districts may want to open the schools?

Or will we voters stop remembering all of the lies, fallacies and bad rules coming from Lansing and just blindly accept that lot in life.

We voters had better learn to see through all of the chaff real soon, or else we people will not have a chance to provide any education at all to anyone.

After all, why read, why write, why pay taxes, when the government mandates what you will learn, what you will read, and what you will pay.

Americans keep creeping towards socialism, the more we demand services from the government instead of demanding less.

All of this is just food for thought. After all, we have a few months of getting barraged with

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# CHARLEVOIX COUNTY PRESS

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Editor-Publisher  
Office Manager  
Production Manager  
Typesetter  
Advertising Sales  
Correspondents

James F. Silbar  
Patricia E. Silbar  
Joyce L. Herholz

Lenore Bechtel  
Reg Sharkey  
Gail Ware

Marshall Sayles  
Bea Smith  
Nancy Northup

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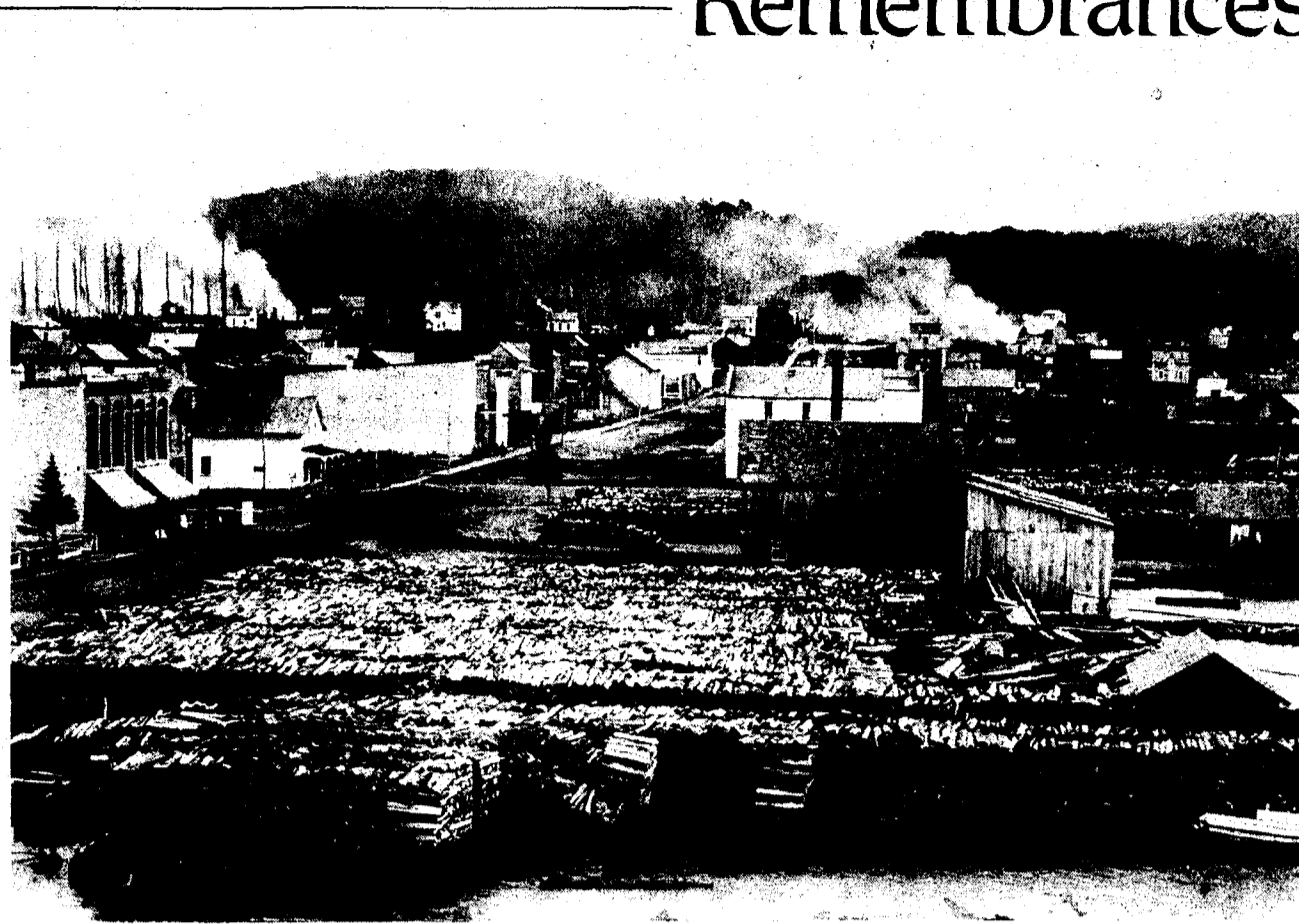
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DEADLINES for general news, notices, display advertising, photographs and classified advertising is 5:00 p.m. Monday.

SEND ADDRESS CHANGES to The Charlevoix County Press, P.O. Box A, 108 Groveland St., Boyne City, Michigan 49712. Phone 616-582-6761.

# Remembrances



We have received quite a few pictures of the slab wood lining the shores in Boyne City in days gone by. Most of the wood was used to make charcoal to feed the pig iron plants in Ironton and Boyne City. In making the charcoal an important product was alcohol. The bark was used to make tannic acid which was used in the leather tanning process. It seems that very little was wasted after the hard work involved getting the trees to this point.

## Marshall Sayles

History as it is spoke by one who thinks he remembers correctly:

\*\*\*

Let us return to the time I was grass knee to a high hopper. Backwards to when we were living in Bay Springs, now north Boyne.

This race through time is meant

to acquaint present north shore residents with a touch of history and how they have changed the area to what is now called modern living.

Listen up to an era you folks turned upside out.

## Letters

### Says editor misinformed

Editor,

It is apparent to us from reading your recent editorial on alleged illegalities in the Lake Charlevoix Management Plan that you have not bothered to read the Lake Charlevoix Management Plan Advisory Committee Report in any detail. Nor does it appear that you have much knowledge of riparian doctrine and what can happen to access rights of non-riparians when a lake becomes overcrowded.

You maintain that due to the Court of Appeals decision in the case of Fox & Associates vs. Hayes Township, the recommendations regarding boat density in the Lake Charlevoix Management Plan are illegal. This is incorrect. The Lake Management Plan recommends that "agencies and units of government with jurisdiction use these standards as a guide". In the case of Lake Charlevoix, both the Michigan Department of Natural Resources and U.S. Army Corps of Engineers have specific statutory authority to regulate both number, size and placement of boat slips. The Court of Appeals ruled only that under the Rural Township Zoning Act townships do not have that authority.

The Court of Appeals decision only erodes local control over our natural resources. We question if this decision would have been upheld by the Michigan Supreme Court. We feel Fox & Associates and their attorney probably had some of the same concerns since they essentially settled the case on Hayes Townships' terms before the Supreme Court could rule.

In regards to your statement that the number of boats using a lake is self-determining, it is apparent you are unaware of cases where lakes have become overcrowded and the legal steps riparians have taken to limit access of non-riparians. Courts have ruled that riparian rights regarding recreational and commercial uses are limited to the extent that they do not unreasonably interfere with the riparian rights of others. In cases of overcrowding, on numerous occasions riparians have targeted public access sites and other "funnel" development claiming unreasonable use and have severely restricted the lake use of non-riparians.

In studying this issue and others over a two year time period, the Lake Charlevoix Management Advisory Committee (a majority of

which were representatives from the local governments surrounding the lake most having no riparian interest on Lake Charlevoix) concluded that due to its shape and other factors such as tremendous growth in condominium boat slips, Lake Charlevoix has a very real potential for become overcrowded in the future. This fact is not readily apparent now since only about 30% of the shoreline surrounding the lake is now developed. The Committee concluded that in order to protect the non-riparian, standards for marina and other boat access development needed to be set up to prevent gross overcrowding by all shoreline owners including units of government.

The "do nothing" attitude that you espouse only guarantees lake access to those who can afford lakefront property and has the potential limiting access to the lake of those who can't afford lake property.

WATCH Inc. with a membership of over 1000 families strongly supports the recommendations made in the Lake Charlevoix Management Plan and feels the use of Lake Charlevoix is the right of every resident of Charlevoix County - now and in the future.

Sincerely,  
Jerry Puhl  
President, WATCH Inc.  
Member, Lake Charlevoix Management Plan Advisory Com.

More Letters/Page 4

When I was born in Bay Springs many people were saying the place was weedy, seedy and needy. Some people took up the song and wondered what to do about it.

Herbert Hoover was sitting around in the oval office at the time. Having voted for him, some folks formed a committee asking that he designate the place a disaster area. Funds were needed to fix up out-houses, screen doors, woodsheds and a batch of etc's.

Mr. Hoover listened and gave a Mr. Hoover response. Our place, he said was weedy, seedy and greedy. In addition disaster areas had not yet been invented. Everyone damned the Republicans, but continued to vote for them. (Even as unto today.)

The president's statement resulted in a mad burst of pale blue profanity with family after family hurrying to and fro, knocking bystanders over in their attempt to get somewhere else.

Those remaining were often looked down upon as hillbillies who couldn't afford store bought bread. Most every morning one could see a neighbor with a rope and a pail wandering around looking for a oow.

One of our upstart neighboring families wanted to be better than the rest. So they sent their oldest boy to school. Each day he walked way down to Boyne City where he submitted himself to the tremendous task of majoring in skipping school and pimples.

When I was eight our family moved downtown to join the mad whirl of a refined existence. My father ran a grocery store with one hand and did some farming with the other.

After that the city took over Bay Springs and for some years forgot it was there.

I still have a clinging affection for the belly high grass we kids used as a lawn as well as the friendly old man next door who one day traded his blind horse for a keg of rotgut. Other good stuff went on in Bay Springs in those days, but I do not have time to fuss with it here.

I shall now get to the white meat:

The whips and scorns of time changed our old homestead area, which I used to think extended clear down the hill to Pine Lake.

Times changed? I guess they did.

It began when people with money discovered north Boyne. It was the beginning of the end of the area as I knew it.

These newcomers were better at discovering north Boyne than the folks who lived there. That's because those fresh settlers were more or less wealthy. Residents with little means were not in the discovery business. I recall one man with two nickels and a nail in his pocket asking how he could discover something that was already there. My folks knew only one man who had a large amount of money. He was smarter than most. He went north and discovered Harbor Springs.

Many older folks can remember when sneaky politicians changed the water from Pine Lake to Lake Charlevoix. After that downstate people began taking an interest in the lake as well as north Boyne. They wanted a home near shore where they could see the lake. As years passed every, it seemed, wanted a lake front window. New homes and condos popped up like mushrooms. This threw real estate men and tax assessors into a feverous activity.

Once in a while an old homesteader would sell his property for ten times its worth, including his out-house. That's when he found that trying to figure what to do with his money was more difficult than earning a living.

It took me some time to find the sudden interest in looking at the lake. After all, when we were kids we swam in summer and skated in the winter. It was just water to us.

Today, the weedy, seedy and needy Bay Springs is gone forever. The area is now a far more lovelier place to live.

But the memory lingers.



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## Coast Guard now accepting applications for appointment as Cadet, class of 1994

United States Coast Guard Academy Nationwide Competition The United States Coast Guard Academy is now accepting and processing applications for appointment as Cadet, U.S. Coast Guard, Class of 1994. Applications are being accepted for both men and women. Appointments as Coast Guard Cadets are tendered solely on the basis of an annual nationwide competition with no congressional nominations or geographical quotas. Applications

must be submitted to the Director of Admissions prior to 15 December 1989. Candidates must arrange to participate in either the College Board Scholastic Aptitude Test (SAT) or American College Testing Assessment (ACT) prior to or including the December 1989 ACT and SAT test administrations.

Appointments as Cadet are tendered based on the candidate's high school record, performance on

either the SAT or ACT, and leadership potential as demonstrated by participation in high school activities, community affairs and/or part-time employment. Most successful candidates rank in the top quarter of their high school class and have demonstrated proficiency in both the mathematical and applied science fields.

Candidates must be unmarried at the time of appointment, have no legal obligations resulting from

a prior marriage, and must have reached the age of 17 but not 22 by July 1, 1990.

All candidates must be assured of high school graduation by June 30, 1990. All candidates must have completed a minimum of three years of English, and three in mathematics to include algebra and plane or coordinate geometry or their equivalents, and must fulfill basic physical requirements.

Continued from Page 1

The park with the greatest amount of items is Avalanche Preserve which has 28 projects listed from building soccer fields to making a three hole golf course and having a full time caretaker. They hope to add facilities and or improve the present ones throughout the park area including a new entrance to trying to develop more uses.

The parks board and the city said they would continue to work with the county on recreational development as it is one of the things that helps the tourist industry throughout the area.

Andrick reminded the commissioners that many of the projects may never be developed, but are included as the plan covers the next five to 10 years. He said amendments to the plan will also be considered as the plans are

developed.

The commissioners accepted the ideas saying that it was a good guideline for the parks.

City Manager Randy Frykberg announced that the drinking water of the city was found to have no contaminants after the annual state water department inspection. He said no organic materials were detected in the testing and the city is in compliance with the requirements of the state's Safe Drinking Water Act.

Water department head Lance Johnson told the commissioners the state tested for 38 organic compounds and could find none. The testing was done in early June.

In other action, the commissioners agreed to install temporary traffic blockades to the

Grant Street hill block after Cebe Gillespie told them of the bad condition of the road. The street is usually closed off in the winter to allow for sledding, Frykberg said, and that no one lives on that block of the street.

He told Gillespie that the city is looking into the cost of repairing the street and is making a determination as to whether or not it should be closed down.

Gregg Smith asked that a street light be installed at the intersection of Hull and Division as it was a dangerous intersection within the city. He first asked if a blinker light could be installed but was told that the traffic count on the intersection would not qualify for a blinker. Smith said the intersection was dangerous and should have the lighting. He was told the city has ordered the light but that it

## Park

takes several months for Consumers Power to install it.

Bessie VanDorn also asked if the city has had any results of the tests of the monitoring wells at the old city landfill. She was told the tests were taken but the results have not yet come back.

Mike Handy took the city to task after the city had asked his father to have some material removed from an alley he had the material stored in after a neighbor had complained. He said the city had called the wrong person, thinking the material was that person's property rather than investigate properly to find out who owned the material. Handy owned it and has removed it from the alley which was never a developed thoroughfare.

## Conquering your fears in nature

BY GLENN R. DUDDERAR

In teaching about natural resources and wildlife, I meet people—adults and young people—who fear things associated with natural resources and the outdoors. I just returned from Great Lakes Natural Resources Camp, where, in addition to teaching about natural resources, we involved the 4-Hers in natural resource-based recreation and teaching. In doing so, we encountered lots of fears: fear of the water, fear of heights, fear of snakes, fear of the dark, fear of speaking in front of people.

In helping people deal with their fears, I have noticed that some people are consciously afraid—they fear one of these things and they know it. Some others are not afraid on a conscious level, but when they get into a situation that evokes one of these fears, they experience shortness of breath, rapid heartbeat, narrowing of vision—all the classic fear symptoms—and sometimes even lose consciousness.

Some of these people get angry or impatient with themselves when this happens. Consciously they know there is no reason for this reaction to occur but they can't control it, and they take themselves to task over it. Or they ask why, if they are not afraid of the situation, do they experience these disturbing reactions to it? And what can they do to overcome their fear?

Through years of experience and reading, I've come to believe that there are two ways to tackle these fears. For fears on the conscious level—those things you

fear and know you fear—the first step is information and education. Become familiar with whatever is causing this reaction and observe others dealing successfully with it or even enjoying it. When you see others revelling in high places, the water, the dark or snakes, you can begin to dismantle your conscious fear. You may even eventually come to enjoy a situation that you would once have found terrifying.

The second step is to give yourself a chance to overcome your unconscious fear gradually, through safe, protected exposure to whatever you're afraid of.

One of the experiences that I deal with at camp is kids getting to know wildlife, particularly snakes. A lot of people are afraid of snakes all out of proportion to any threat they pose. In Michigan, we have 17 native snakes, and only one, the massasauga rattlesnake, is venomous. Many of the rest are gentle, and all are harmless. Yet more often than not, many people who encounter snakes will get out of their way to kill them, simply because they are snakes. Others are so frightened at the mere sight of a snake that they literally pass out if a snake slithers across their path.

At natural resources camp, we had all kinds of campers, from those who liked snakes and didn't hesitate to handle them to others who didn't want to be in the same room with a snake in an aquarium. By the end of the week, some kids who had started the week absolutely terrified of snakes were no longer consciously afraid of them and had largely overcome their unconscious fear reaction. One little girl had overcome her

irrational fear to the extent that she could actually enjoy holding a snake, though she still couldn't bring herself to reach into the aquarium of snakes to get one out.

What happened? The campers received information on the nature and behavior of snakes, and the ones who were reluctant to touch the creatures at first observed the others handling and enjoying them. Repeated touching of the snakes lessened their fear reaction to the point where they could master it.

You don't have to go to a special camp to overcome fears. You may not even have to leave your backyard.

You may not live near water or a high place or have too many public speaking opportunities there, but your backyard does get dark at night. And no matter where you live in Michigan, if you have a vacant lot nearby, even in downtown Detroit, there is a chance you will encounter a snake someday.

If you would like to learn about snakes to help you overcome your fear or nervous reaction to them, Michigan State University has just published "Michigan Snakes", a full-color book on the 17 snakes native to Michigan. In addition to color photos of each species, it provides information on where they occur, what they eat, how they reproduce, and whether they're shy and gentle or aggressive in temperament. The book will soon be for sale at your local county Cooperative Extension Service office.

As you read this publication and

## Charlevoix County Commission Minutes

CHARLEVOIX COUNTY BOARD OF COMMISSIONERS JULY 26, 1989 SYNOPSIS

The Charlevoix County Board of Commissioners met in regular session on July 26, 1989, in Charlevoix.

Resolutions adopted included: an Emergency Services update; a resolution to allow the Friend of

the Court and Prosecuting Attorney to carpet their offices; and a resolution authorizing the Treasurer's office to add a workstation and printer to their office.

Copies of the complete minutes of the Board are on file in the office of the County Clerk and are available for public inspection during regular business hours.

## MANUFACTURERS!

Are you considering implementing SPC during 1989-90?

You may be eligible for a state grant to cover all training costs. To find out more about this Governor's Office for Job Training program and others, contact the Institute for Business & Industry Training, a division of North Central Michigan College at (616) 347-3973 and ask for Tom Nathe.

## by Gail Ware Ware-withal

While most people in this area have kept busy this summer assessing the deer fly and mosquito bites decorating their bodies, members of Congress have been laboring in Washington, D.C., fashioning a national budget for next fiscal year. The lawmakers are clearly on top of their job too, wise to a creative accounting procedure that individual citizens might try next time they're faced with a financial burden. It's called off-budget financing.

This off-budget arrangement, which simply means spending money not shown on accounting books, has come up in connection with the need to rescue some failing savings and loan banks that made loans they can't collect on. This won't do image-wise for this country, banks going bankrupt. It won't do the national debt any good either because the depositors' money is Government insured.

The President has sent a bill to Congress that will bail out these banks and also make them be more financially responsible from now on. He's recommended that the bill be considered an off-budget item.

Republican lawmakers agree that it should be handled this way, off-budget. Most Democrats object though preferring that it be an on-budget item. (That means it goes on the books.) But they promise to exempt it from the Gramm-Rudman law that brings unpleasant consequences for heavy deficit spending, which this bill does to the tune of up to \$275 billion over a 30-year period.

Likely by the time this appears, the matter will have been voted on. But in any case, now that they know about this method of accounting, or lack of it, the question of whether this arrangement would be useful to individuals as well as

the Federal Government remains. Say, for example, a home has a failing heating stove or furnace. In this climate, this is a serious problem roughly analogous to the Government's S & L situation.

Say too, that the homeowner doesn't have the money to buy a new one. Following the Government procedure, the homeowner works out the total cost of a new furnace and down payment for same. The President's bill calculates just that, the first \$50 billion, next year's cost, being considered the down payment.

Further following the Government's lead, the homeowner then figures out how to finance the down payment. The Government plans to sell treasury bonds to do so. Since the homeowner can't do that, he or she must borrow the money; in fact, disguised, what the Government does.

At this point, just as the Government hopes to do, the homeowner declares the matter off-budget.

For politicians, not including this frightfully expensive item in the budget makes them feel fiscally responsible. But what about the example homeowner?

Most people, Midwesterners anyway, feeling less cordial than usual to new ideas this summer due to multi bug bites, wouldn't be impressed by hiding the price behind a new label. Cost not the costume it wears matters here.

But maybe it takes being there, being on Capitol Hill amid elected representatives to appreciate off-budget financing. Politicians get to seeing things differently than regular people, and maybe, all gathered together there, they've convinced themselves it's great. Or maybe there's a bumper crop of bugs in D.C. too and they carry delusion in their venom. Or it works that way on politicians anyway.

## Jottings

Continued from Page 3

vote for this or that proposal, just because the people we elected couldn't make a decision themselves.

They ought to return all of their pay for not doing their jobs, but if you know politics, that will never happen. They, the politicians, will continue to draw from our tax monies and keep asking others to do their jobs.

In the meantime, I am recom-

mending a no vote on either proposal in November.

I just can't see an increase in taxes of at least 50 percent with nothing coming to the northern, smaller school districts whether or not they have given us a temporary tax relief on property taxes.

And I hope others can see through the chaff as well.

## Letters Get your free

Continued from Page 3

## No parking

Editor,

The City of Boyne City is premature in declaring parking on the railroad property between Lake and Park Streets. They bargained for the part on the Depot lot, but I have a warranty deed for the rest of the railroad.

Any cars parking there will be notified once. The second time they will be towed away at the expense of the owner for towing and any damage.

Elmer Crain

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Reg Sharkey's Northern Journal

# Reminiscing: Watermelon daze

BY REG SHARKEY

Watermelons, those delectable zebra-striped fruit of the vine, don't seem to taste like those of my boyhood days.

As I partook of a store-bought melon the other evening I got to thinking about the joys of eating watermelons with my buddies, especially the free ones, some of which had been "cooned" from fenced patches.

In my earlier days much of the produce not raised locally was shipped by rail.

Living close to a railroad yard it wasn't too difficult to keep track of what was coming in for local distribution.

Produce was transported in refrigerated box cars that had natural ice bunkers at each end. Ice cakes were lowered into the bunkers from the roof. And if it was a long haul, like watermelons from the south, ice had to be replaced occasionally along the way.

Being personally acquainted with the local station master was a big plus for me. He usually let me know when a melon car was coming in.

Local merchants handling fresh fruit usually got together on carload lots, and therein lies the tale of neighborhood boys and an orgy of melon debauchery.

Keeping an eye on the sidetracked car I rounded up my buddies as soon as the seal was broken on the doors and the first merchant, or fruit peddlers, began to transfer the melons into drays.

Like a sounder of hungry hogs we stood by hoping someone would drop a melon.

However, most of the damage took place inside the straw-bedded car. After it was empty and melon merchants left, we took over. Broken melons and those left behind because they were beginning to spoil on an end were appropriated.

In those days every knowing boy carried a Barlow knife. Spoiled melon portions were excised and the orgy of feasting began.

Surfeit we would lie on the straw waiting for our digestive processes to make room for one last round of gorging. Then we would take a cracked melon home for our families.

Then, too, in my day just about every farmstead had a watermelon patch.

Borrowing a melon, or two, in those days was called "coonin'". It was a rather accepted practice for youngsters to borrow a melon or two from a patch.

I remember only too well my experience on one of those expeditions.

There was a plant and tree nursery north of town (Big Rapids) on the Muskegon River, where the owner had a high fenced-in garden where he raised prize watermelons.

Coming under the eye of a west side informer our east side contingent was alerted to the fact. Keeping an eye on the patch he let us know when pickin' time was right. Little did we know that our informer was a double-crosser intent on seeing that those low-life east siders got their comeuppance. We weren't made aware that Ol' Man McKee had a white pit bull who patrolled the melon patch after dark.

Well, anyhow, one evening four of us got together to get some of

McKee's melons. Arriving after dark we cased the patch figuring that one corner of the fenced enclosure would be the best place to make an entrance.

But who was going to go over the fence and hoist melons to receivers on the other side? Drawing straws I lost, or won, the dubious honor.

Luckily, as I would soon find out, I was wearing a pair of old baggy overalls, for after I got into the garden and was thumping melons to find a ripe one, I heard a gate squeak over by McKee's house.

Desperately I picked a melon, ran to the fence and tossed it over. Almost before it was caught I heard the commotion of the pit bull charging through the vegetation. With a snarling rush the white dog

came for me. Running to the fence I began clawing my way to the top—not quite it time. Half way up the woven wire the dog made a leap, just catching the seat of my overalls. Luckily the garment was fairly old for instead of ending my future manhood the dog fell back to the ground with a mouthful of cloth.

Bailing off the top of the fence we picked up the melon and high-tailed it out of there with Ol' Man McKee's blasphemy punctuating the night.

Boy, they sure don't build watermelons like they used to.

P.S. If you are wondering about what happened to that west side fink who double-crossed us? He got his comeuppance a couple of days later.

## Golf scores

FLOYD ALDREAD  
BOYNE CITY MEN'S GOLF LEAGUE  
WEEK OF AUG. 9, 1989

J. Clark	51 1/2	R. Towne	34
N. Weeks		J. McDonald	
J. Vincent	47 1/2	J. Hodge	33 1/2
R. Brunceel		L. Kowalski	
E. Robinson	45 1/2	R. Jannise	30
V. Ayers		G. Anderson	
D. Clark	45 1/2	J. Stackus	27 1/2
B. D'Aigle		T. Nowakowski	
R. Bobowski	42 1/2	E. Madary	
D. Farrand			
A. VanDusen	42 1/2		
D. Toffolo			
J. Bunting	39		
T. Sorenson			
R. Grogan	39		
A. Kapanowski			
H. Watson	38		
R. Renaud			
K. Mueller	37 1/2		
J. Fallot			
D. Halstead	36		
S. Weber			
D. Peck	34 1/2		

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with Bea Smith

# Cooking

THE FAIR

One-hundred and forty years ago the people of Michigan decided to have a State Fair. The organization of America's First State Fair showed that our ancestors were confidently making plans for the future with pride in their new state. History has proven them correct in their judgment. This is what is written on the historical marker at the Michigan State Fair Grounds in Detroit.

MICHIGAN STATE FAIR

America's first state fair conducted by the Michigan Agricultural Society with the support of the legislature and local citizens was held in Detroit on Sept. 25-27, 1849.

About \$800 in premiums were awarded for those "Articles, productions, and improvements" that were "best calculated to promote the agricultural and household manufacturing interest of the state."

The site of this annual fair was often moved until 1905 when it was given a permanent home here.

A couple of my friends have won blue ribbons at the fairs in our area. Helen Coble of "Glorie Be" has won many for her flowers and their arrangements. She also is a terrific cook. Wonderful meals come from her antique kitchen which has been so beautifully planned by her and her husband Charles. Helen likes to make this fruit dish; a great dessert or salad to have when the weather is too hot to cook.

OVERNIGHT FRUIT BOWL

Serves 6  
3 medium sized oranges  
1 can (16 oz.) chunky mixed fruit, drained  
1 cup halved strawberries  
2 cups tiny marshmallows  
1 carton (8 oz.) lemon yogurt  
Pare oranges and section; drain sections and cut each in half, combine with mixed fruit, strawberries and marshmallows in a medium sized bowl.

Fold in yogurt. Spoon mixture in a 9" pie plate; cover, freeze overnight or until firm. Remove pie plate from freezer and let stand in refrigerator 10 minutes before serving.

Cut in wedges, place each on a lettuce lined plate. To serve as a dessert, cover mixture and chill overnight. When ready to serve, stir lightly; spoon into sherbet glasses; sprinkle with toasted coconut over each serving.

After a discussion about this delicious dessert we decided that one could use blueberries, raspberries or fresh peaches, drained if strawberries were not available.

Another Blue Ribbon winner is Bill Harris, my son-in-law. He has participated often in the livestock competition at fairs around the state. He has had a Reserve Grand Champion Steer and a Grand Champion pig.

His boys have won blue ribbons

for both steers and swine. I was amazed at how much goes into the development of our healthy meats.

A new angle about the fair for me to ponder on. These animals are bred to produce the best meat. They are fed high protein foods such as corn and their vitamins. They are not put out to pasture, they are exercised several hours every day, groomed, bathed and fed.

The swine now are bred to become longer in body and thinner, no longer are they raised to weigh more, the fat and cholesterol is limited and they are called the other white meat. About any recipe for chicken can be used with pork, and how good it is.

I have some cucumbers promised me if they grow in a garden that I (helped?) to plant this year. Here is a good way to use the larger ones; an easy recipe. I do not know who won the blue ribbon for this recipe. It was published in a 1956 Household magazine.

BLUE RIBBON DILLS

8 1/2 cups water  
2 1/4 cups white vinegar  
1/2 cup pickling salt  
32 cucumbers (4 to 5 inch size)  
Fresh dill

Combine vinegar, water, and salt in kettle and bring to boil. Pack washed cucumbers in hot sterilized jars, placing dill sprigs at bottom and top of each jar. Cover with the brine, adjust lids, and process in boiling water bath 10 minutes.

Makes 3 quarts.

It will take a little longer to make these sweet pickles but they are worth it.

BROWN SUGAR SWEET PICKLES

75 tiny cucumbers  
3 tablespoons pickling salt  
8 cups water (separated)  
2 cups white vinegar  
1 lb. light brown sugar  
Celery seed  
Ground allspice  
whole cloves  
stick cinnamon

Place washed cucumbers in large glass or enamel bowl. Cover with brine made by combining salt and 6 cups of the water. Cover and let stand 24 hours. Drain and wash cucumbers and bowl. Return cucumbers to bowl and cover with clear water. Cover and let stand 24 hours. Drain and dry cucumbers. Combine vinegar with 2 cups of water and quickly bring to a boil. Add cucumbers and simmer 5 minutes. Remove from heat.

Dip out cucumbers and pack loosely in hot, sterilized jars. Add brown sugar to the liquid, stirring until dissolved. Bring to boil over medium heat. In each pint jar put 1/8 teaspoon celery seed, 1/8 teaspoon all spice, 6 cloves and 2 1/2" pieces of stick cinnamon. Cover with the boiling syrup and seal. Makes 3 1/2 pints.

We are advised to seal everything canned in the boiling water bath.

## Celebrate Great Lakes show coming to Mackinac

"Celebrate! Great Lakes," a touring series celebrating the historical, cultural, philosophical and scientific influences of the Great Lakes on life in Michigan and the surrounding region, will make its stop on Mackinac Island for a three day period, August 25-27.

Sponsored by the Michigan Council for the Humanities in conjunction with the Michigan Department of Commerce and the Michigan Bureau, this traditional "chautauqua" features some of Michigan's most talented singers, dancers, and lecturers in a cultural variety show of Michigan history.

In addition to the "Celebrate! Great Lakes" chautauqua, there will be performances by the Mackinac Island Summer Music Society, presentations on the construction of the Mackinac Bridge, tours of the 18th century sailing vessel "The Welcome", and dramatic portrayals of the Straits of Mackinac history.

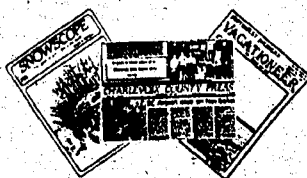
For more information contact the Mackinac Island Chamber of Commerce at (906) 847-3783 or 847-3761.

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NORTHWEST MICHIGAN

For the week of  
August 16 to  
August 23, 1989

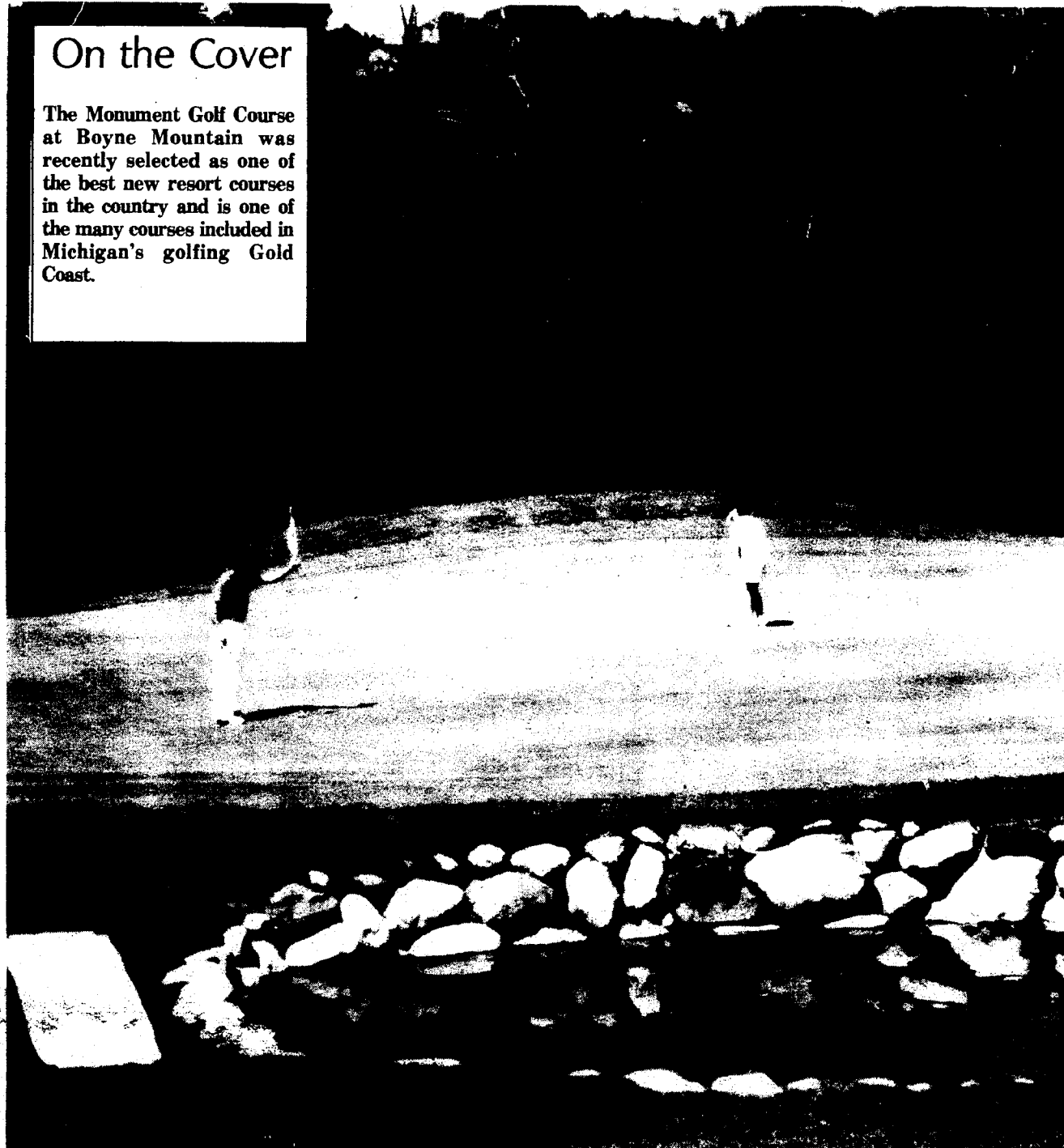
# VACATIONEER

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FREE, please take one

## On the Cover

The Monument Golf Course at Boyne Mountain was recently selected as one of the best new resort courses in the country and is one of the many courses included in Michigan's golfing Gold Coast.



Silbar  
Communications Inc.

# Coho salmon runs look promising

Anglers should land good catches of coho salmon during the annual fall spawning runs, AAA Michigan reports.

But prospects for improved chinook salmon fishing, especially in Lake Michigan, remain mixed, according to Department of Natural Resources fisheries biologists.

A number of factors have been identified as contributing to declining chinook salmon populations, including lack of food, disease and water pollution.

To help increase the

numbers of chinook salmon, the DNR has planted 6.8 million chinook this year, up from previous years.

However, good survival rates should result in better coho salmon fishing. And pink salmon also are making their biennial return to home rivers this season.

An estimated 500,000 anglers head out to the Great Lakes in August and September and then to tributaries through October to catch the challenging fish.

The 1989 AAA Michigan salmon guide lists 52 spots for the

best chinook, coho and pink salmon fishing.

Both chinooks and cohos were introduced into the Great Lakes in the 1960s and are maintained with annual stream stocking programs. Pinks were accidentally introduced into the Great Lakes in the 1950s and have maintained their population since.

Chinook average 14 to 20 pounds with the heaviest concentrations in Lakes Michigan and Huron streams.

Cohos average 6 to 8 pounds with the heaviest runs in Lakes Superior and Michigan

connecting waters and Detroit-area rivers.

Pinks average 2 to 4 pounds and can be found in Lake Superior and northern portions of Lakes Huron and Michigan.

Another salmon species, Atlantic, has been introduced into the St. Marys River at

Sault Ste. Marie since 1987. Anglers catching these fish should return tags clipped to the salmon to the DNR as part of a study on the fish's migration and growth.

Salmon snagging is allowed with artificial baits or unweighted

hooks Sept. 10 through Oct. 25 on designated sections of the Sable, Pere Marquette, Big Manistee and Muskegon rivers. A snagging stamp is required.

Anglers concerned about contaminants in Great Lakes salmon

should filet, skin and trim the fat along the edges and center of the filets. That removes the fatty portions where contaminants are concentrated. The fish should then be baked, broiled or barbecued allowing remaining fat to drip off.

## Cheese, chocolate, weekends and weather: understanding and treating the aching head

While headaches are among the most basic and common of all human ailments, no one really knows what initially touches off the complex chain of physiological events that make a head throb.

Although the causes aren't clear-cut, effective remedies are available, and no one needs to be plagued by chronic headaches, according to pain experts at the University of

Michigan Medical Center in Ann Arbor.

Headaches are related to many factors; stress and muscle tension top the list. Other commonly-observed "triggers" are chocolate and cheese, caffeine and alcohol, changes in the weather and in one's daily schedule, fever, hormones and biochemical changes.

The key to dealing with a throbbing head is to recognize the type

of headache and the possible events or factors that precede the onset of pain. By recognizing these cues, people can learn to not only arrest the pain of a headache in full bloom, but also prevent a potential head-splitter from developing.

In general, headaches are classified in two major categories: vascular or muscle tension. Perhaps the most in-

famous type of vascular headache is the migraine. Migraines are known as vascular headaches because the pain results from dilation or inflammation of blood vessels or irritation in surrounding areas of the brain.

The classic migraine is usually preceded by disturbances in vision ranging from blurriness to blind spots. About 30

Continued on P. 3



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Editor-Publisher  
Office Manager  
Typesetter  
Production Manager

James F. Silbar  
Patricia E. Silbar  
Kathy Van Dyke  
Joyce Herholz

Advertising Sales

Ron Barr

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Faded Ink



Continued from P. 2

minutes before the pain sets in, migraine sufferers may see flashes of light, squiggly lines, or bright zig-zags. They also may experience numbness, tingling or weakness on one side of the body, loss of coherent language function and nausea or vomiting.

In this state of the migraine, "blood vessels within the brain are constricting, resulting in symptoms like those of a stroke," explains Douglas Gelb, M.D., assistant professor of neurology at the U-M.

Later, migraine sufferers will develop a throbbing pain that varies in intensity, frequency and location in the head. Migraines usually first appear in childhood or early adulthood. They occur periodically, last hours or days, and tend to run in families. Gelb says about 17 percent of men and 30 percent of women experience a migraine each year; 40 percent of the population has one at some point in their lifetime.

"Only about 15 percent of the people with migraines have what we call the classic migraine. The rest have a second type known as the common migraine," says Margie Van Meter, R.N., M.S., a clinical nurse specialist at the Coordinated Chronic Pain Program in the U-M Department of Anesthesiology. The common migraine is also a vascular headache that occurs in the area around the eyes, but does not involve neurological,

stroke-like symptoms such as vision distortion and loss of speech.

"Common migraines are often thought to be sinus headaches, because they occur in vascular areas near eyes and across the forehead where the sinuses are, and people often get them around the time the weather changes," Van Meter says. In addition to atmospheric pressure fronts, other migraine triggers include getting too little or too much sleep, eating a wide variety of foods, skipping meals, menstruating and stress.

#### THE 'SATURDAY MORNING MIGRAINE'

Ironically, stress-induced migraines often occur in the "let-down" period after stressful events have ended. One variant of this is what Van Meter calls a "Saturday mor-

nigraine." Many people with no regular stress reduction program such as exercise let the stress build up until Friday, and then it catches up with them on the letdown day so they wake up with a headache on Saturday morning," she says.

The switch in schedules between a workday and a weekend compounds the letdown effect, she adds. "Often, people sleep longer on Saturday, so they don't eat as soon and don't have the shot of caffeine from their first cup of coffee until later. Their day is less structured, and these things can cause physiological changes that result in a headache."

Another type of vascular headache is the cluster headache — an agonizing sharp pain so in-

tense that some sufferers have been known to pound their heads against walls to seek relief. This type of headache occurs in the eye/forehead region on one side only, strikes suddenly and retreats after 20 minutes to an hour. The pain occurs in clusters or groups, once or more a day over days, weeks or months. The eye in the involved area waters, the eyelid droops and the pupil dilates. Cluster headaches affect more men than women, but are relatively uncommon, Van Meter says. After running their course, cluster headaches generally disappear for long periods of time.

The other major category of headache is the muscle contraction headache, which results from sustained tension in the neck and shoulders. These are

marked by dull, steady pain in various locations including the back of head; they are triggered by stress, traumatic injuries, disorders of the jaw or neck and depression.

While traditionally headaches have been lumped into either "vascular" or "muscle contraction" categories, many people suffer from headaches that share the characteristics of both. And, says Gelb, new information about changes in chemical levels and blood flow within the brain indicate they may represent different ends of the same spectrum.

"It's known that blood vessels do constrict and dilate during a headache, but now we think that's not the cause of the headache, but a consequence of other events. No one is sure

what the cause is," Gelb says.

#### LINK BETWEEN REDUCED BRAIN ACTIVITY AND MIGRAINES

Researchers have observed in animals that during a migraine episode, blood flow throughout the brain decreases at a rate that corresponds to the progress of the headache. This leads researchers to believe that this phenomenon is linked to a wave of depressed brain activity.

While this reduction in brain activity has not been shown in humans, it is considered a possible explanation for migraines.

"It's possible that such a reduction in activity means that the requirement for blood is less," Gelb says.

Another hypothesis is that an imbalance in

brain chemicals is responsible for migraines. "Just about all chemicals in the brain have been found to be at abnormal levels during a migraine, but most theories focus on serotonin, a chemical released by systems in the brain that are involved in pain," Gelb says.

"Somewhere in the course of a migraine attack, there is not enough serotonin available at nerve synapses, causing unstable nerve activity that results in pain," he says. The serotonin theory also explains the nausea that accompanies migraines, since it is involved in brain processes that affect the digestive system.

Serotonin levels also are implicated in

Continued on P. 5

# Headaches

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August 18 6-10 p.m.



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Faded Ink

## Pedal to good heart/lung health

From a casual trek around a picturesque lake to a grueling multi-mile marathon, thousands of ardent cyclists are greasing their gears to enjoy the pleasure and healthy benefits of bicycle riding, reports AAA Michigan.

America's top national pastime in the 1920s, cycling is once again a resurgent topic of competitive interest. An estimated 85 million Americans — among them more than five million Michiganians — pedal their way to fun and fitness.

"Cycling is easier on the knees and ankles than many forms of exercise, including jogging," said Mike Daubenmier, Auto Club Life In-

urance Co. vice president and general manager.

A cardiovascular exercise that improves both heart and lung performance, cycling can burn off as much as 800 calories for those who pedal at least 15 miles, he noted.

Other health benefits include lowering blood pressure, improving muscle tone and overall stamina.

As cycling increases in popularity, 80 of the state's tours, races and triathlons listed in AAA Michigan's 1989 bicycle events guide are expected to draw thousands of participants and spectators.

Among other major cycling events

350-mile Lansing to Mackinac Island ride for some 1,000 bicyclists during the Labor Day weekend, Aug. 30 - Sept. 3.

"As with all physical fitness programs, participants should first have a medical checkup and then begin with a short ride, gradually building strength, speed and time," Daubenmier cautioned, adding these health and safety tips:

- Wear a helmet. Many tours and competitive rides require them and it's always wise to use one.
- Other protective clothing includes shorts with extra padding, eye glasses

Continued on P. 7

# Boyne Highlands. Where a condo or lot makes lots of sense.



**Location! Location! Location!** Savvy buyers demand this above all when choosing a vacation home, condo or building lot.

Best in the Midwest is Boyne Highlands near prestigious Harbor Springs. Here, at Michigan's finest skiing and golf resort, is the Heather Highlands Inn, a new condo hotel offering luxury, tax advantages, a popular rental management program... plus on-site amenities and recreation found nowhere else.

Units include fireplaces, balconies, mini-kitchens, decorator furniture and use of an indoor-outdoor pool. Prices start at \$87,500.

Phase II of the Inn has been completed and select units are now available. Along with the purchase goes a free lifetime family membership in the Country Club of Boyne, a \$10,000 value.

The country club membership includes unlimited play on all five Boyne Highlands and Boyne Mountain world-class golf courses, including the new Donald Ross Memorial. The Country Club of Boyne features a large, lavish new clubhouse now under construction at the Highlands with its own swimming pool, tennis courts and driving range.

Golf course lots are available as well, also entitling a buyer to automatic membership in the Country Club of Boyne. Lots start at \$39,500.

The Heather Highlands Inn is open daily from 9 a.m. to 5 p.m. for your inspection. Come visit us anytime.

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Continued from P. 3

# Headaches

muscle tension headaches. "We see the same kind of chemical changes in muscle tension headaches as in migraines. Some people have both kinds of headaches, and respond to the same medicine. It's not clear how important the distinction between types is," Gelb says. "Some people now think the headaches themselves aren't that different; it's just a different response in different situations."

However, the classifications remain a factor in determining how headaches are treated.

### OLD FRIENDS: ASPIRIN, ICE PACKS AND HEATING PADS

Occasional vascular-type headaches can often be banished with ordinary aspirin or by acetaminophen and ibuprofen, non-aspirin pain relievers that are less irritating to the stomach than aspirin. An ice pack placed on the area also may help soothe the throbbing of a migraine, while a heating pad across the neck and shoulders is more helpful for a

muscle tension headache.

Some people find relief by lying quietly in a darkened room, while others feel better if the head is elevated. Music helps some people relax; others who are sensitive to noise prefer a shroud of silence. In general, whatever makes a person most comfortable is likely to help, Van Meter says.

While excessive caffeine can trigger a headache in some, its effect can relieve minor head pain in others; many people find relief by taking a couple of aspirins with a cola or cup of coffee, Van Meter says. In most cases, that combination is just as effective as name-brand headache preparations; such medicines are simply a combination of aspirin or other pain relievers and caffeine, she says.

However, aspirin should be used with caution, because if used daily for extended periods of time the body can become habituated to the pain reliever, Van Meter says.

While habitual aspirin use can reduce the drug's overall effectiveness, Gelb says he is much less concerned about that than a possible addiction to anti-depressants or codeine. "If aspirin works for you, don't worry about it," he advises.

However, both agree that once habituated to aspirin, caffeine or other pain relievers, people will suffer a withdrawal-like rebound headache if they stop taking the

medication.

People with severe, chronic headaches that aren't controlled by common pain relievers are treated with stronger prescription drugs such as codeine. For those with severe vascular-type headaches, physicians may prescribe beta blockers or calcium channel blockers, drugs that stabilize the blood vessels to keep them from dilating or contracting. Muscle tension headaches can be treated with non-steroidal anti-inflammatory drugs. Anti-depressants are also sometimes used to prevent headaches.

Because these drugs and even plain aspirin can be habit-forming and produce side effects, behavioral techniques can be taught to prevent headaches or control pain without drugs.

BIOFEEDBACK, RECORD-KEEPING, VISUALIZATION HELPFUL

"Often medications are prescribed by physicians to break the headache cycle and calm down the biology, as we help the patient learn to identify triggers, or factors that seem to bring on head pain, and teach stress management

techniques," Van Meter explains.

To pinpoint triggers, she instructs patients to keep a headache diary, noting the times and severity of headaches, location of pain in the head, the type of pain, and, most importantly, the circumstances that preceded the headache.

The diary may reveal a pattern of environmental factors, foods, beverages, activities or behaviors that are associated with headaches. Some triggers, such as eating certain foods, can easily be banished; others, such as weather changes, are harder to avoid or require great effort to change.

Van Meter says in some cases people can "plan" for and try to prevent headaches by scheduling important activities so that they don't coincide with identified headache-prone periods. If a headache trigger such as a tension-filled assignment at work can't be avoided, it helps to minimize other potential triggers that might add to the problem by getting plenty of rest, eating right and keeping a consistent

schedule during those times.

Debra Neff, Ph.D., an assistant professor of physical medicine and rehabilitation who treats headache patients in the Pain Management Program at U-M's Department of Physical Medicine and Rehabilitation, also offers patients alternatives to medication. Neff finds that progressive muscle relaxation helps reduce the pain of chronic muscle tension headaches. She reinforces relaxation therapy by teaching her patients biofeedback techniques.

Biofeedback uses mechanical measurements of muscle tension to give patients a reference point for improving their physical state through guided imagery and self-relaxation.

After treating headaches with relaxation techniques for five years, Neff finds that relaxation is a relatively fast, cost-effective way to deal with chronic pain. "Everyone has some benefit, and we help at least 50 percent significantly," she says. Other beneficial techniques include visualization and cognitive therapy -

and coping skills to help minimize daily stress.

While headaches are sometimes just a minor annoyance, they can be debilitating and should not be ignored. "They can affect your energy, your mood, your thinking ability. People with headaches make more mistakes and get more traffic tickets," Van Meter says. Headaches may also be a symptom of a more serious illness.

So when should a headache sufferer go to a doctor?

Seek help if the headaches are interfering with your life or are draining energy

and motivation. "People should seek help for any headache problem that has been going on for a significant time. Also, if you have never had a headache before and then get one, or get a headache that is very different from any you have experienced before, see a doctor," Gelb says.

\*\*\* This article was written by U-M Information Officer Toni Shears. For more information, please call Shears or Information Coordinator Michael Harrison at (313) 764-2220.

He's half tail and half feet. He's also a popular cartoon character that runs on blurring wheels. He's an odd bird but a real

one. He's the roadrunner. National Wildlife magazine reports the

roadrunner's name is right on target. When these wildly colored birds shift into high gear they can run as fast as 15 miles per hour. At that speed, the bird's thin muscular legs take 12 steps every seconds.

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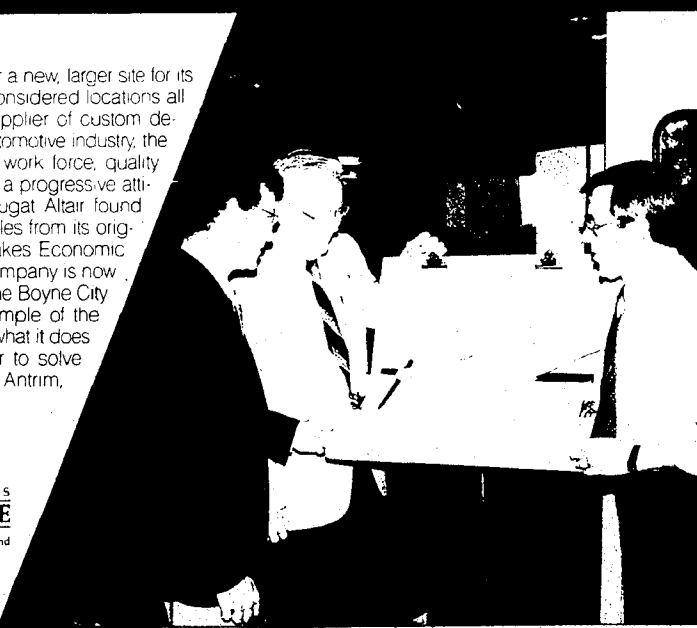
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## Northern Lakes Economic Alliance helps Augat Altair find ideal site—right in their own backyard

When Augat Altair started looking for a new, larger site for its Charlevoix County stamping division, it considered locations all over the country. For this fast growing supplier of custom designed connectors and terminals for the automotive industry, the ideal site required a skilled, dependable work force, quality municipal services and a community with a progressive attitude toward industrial development. ■ Augat Altair found everything it was looking for only a few miles from its original site. With the help of the Northern Lakes Economic Alliance and the City of Boyne City, the company is now operating in a new 67,000 sq. ft. plant in the Boyne City Air Industrial Park. ■ This is another example of the Northern Lakes Economic Alliance doing what it does best—bringing the right people together to solve problems and make things happen in Antrim, Charlevoix and Emmet Counties. ■



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# Great Lakes Festival — a time to celebrate

Mackinac State Historic Parks invites visitors to experience a return to the days of the traveling "Chautauqua" when Celebrate! Great Lakes comes to

Mackinac Island August 25-27. The touring festival of music, dance, lectures and dramatizations reflects the importance of the Great Lakes in the lives of Michigan

residents. Reminiscent of the late 19th century tent shows (named after Lake Chautauqua in upstate New York), the Mackinac Island event will offer free performances throughout the three-day period at varied Island locations.

mer Music Society.

Michigan's oldest surviving church, Mission Church, will be the setting for costumed dramatizations of legendary Mackinac figures, a lecture on Mackinac's heritage, and a concert soloist. Additional programs include ethnic dancing, touring the U.S. Coast Guard Cutter Biscayne Bay, presentations on the building of the Mackinac Bridge and evening "Chautauqua" celebrations at Mission Point Resort.

Programs describing the times and locations of events will be available at the Mackinac State

Historic Visitor's Center, Mackinac Island Chamber of Commerce offices on the Island and in Mackinaw City, the St. Ignace Chamber of Commerce and area hotels.

This unique expression of Michigan's diverse culture and heritage has traveled to Midland, Escanaba, Ludington, Sault Ste. Marie and South Haven this summer; after the tour to Mackinac Island, Celebrate! Great Lakes will make its last stop in Wyandotte. It is produced and sponsored by the Michigan Council for the Humanities and

Parks funded by a grant from the Michigan Department of Commerce and the Michigan Travel Bureau.

## Civilization

Civilization is a stream with banks. The stream is sometimes filled with blood from people killing, shouting and doing things usually record, while on the banks, unnoticed, people build homes, make love, raise children, sing songs, write poetry and even whittle statues. The story of civilization is the story of what happened on the banks. Historians are pessimists because they ignore the banks for the river.

-Will and Ariel Durant

Continued from P. 4

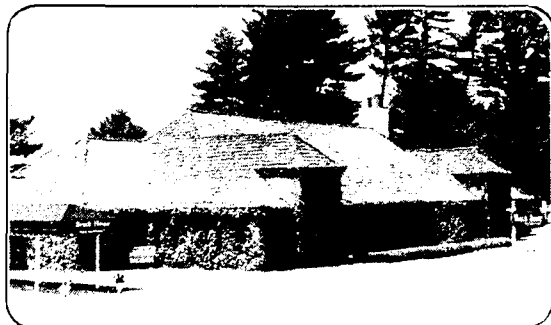
## Pedaling

to deflect flying stones and the sun's glare, a windbreaker jacket and gloves to grip the handlebars. •Drink lots of water. Attach a full water bottle to the bike frame. •Be sure the bike is the right size for the rider's height and that the seat is positioned for maximum comfort.

•Cyclists should know all traffic laws and remain alert for pedestrians, cars and other cyclists. Michigan law requires the latter to obey the same rules as motorists, such as riding on the right side of the road.

The guide will be available at all AAA Michigan offices after May 1.

The Welcome, the British sloop reconstructed by Mackinac State Historic Parks, will be moored at the State Dock behind the Visitor's Center and open to daily touring. Marquette Park will host a variety of musical performers: the maritime folk group "Song of the Lakes," the Eagle Feather Singers and Drummers, and the Mackinac Island Sum-



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Deer Lake Road • Boyne Falls*

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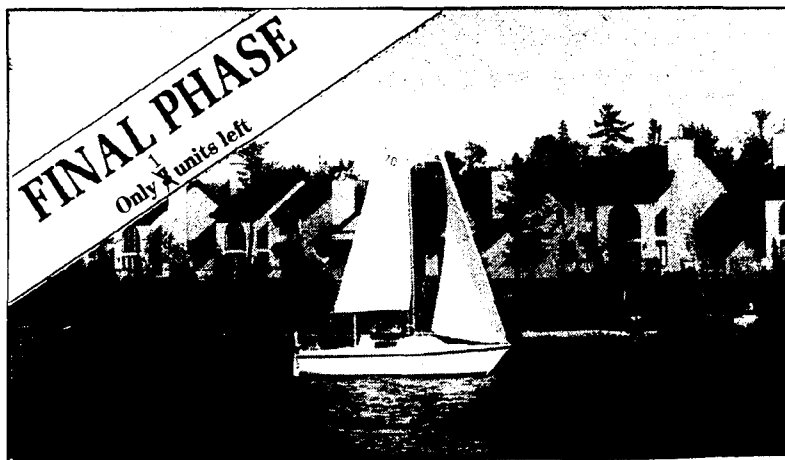


Photo by Hallford

## and Hemingway Pointe Club

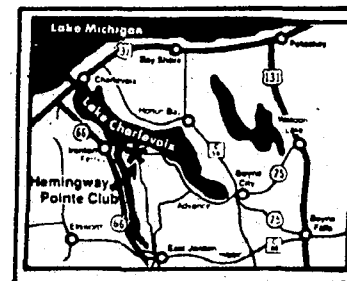
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## New book will guide wildlife watchers

"This is a book for people who get goosebumps when they hear a yodeling loon, a bellowing moose, or the snort of a vanishing doe." That's how author Janine Benyus describes *Northwoods Wildlife: A Watcher's Guide to Habitats*. Produced by the USDA Forest Service North Central Forest Experiment Station and published by NorthWord Press, Inc, the book is now

available in bookstores and gift shops or by calling NorthWord Press at 1-800-336-5666.

This book is an insider's guide to the northwoods of Minnesota, Wisconsin, and Michigan. With it, readers can visit any woodland or waterway, and easily know what habitat they are in and what kind of wildlife they may see there. The 453 page book is based on information produced by

wildlife researchers at the Forst Service's North Central Forest Experiment Station and the knowledge of wildlife biologists from National Forests and other resource management and conservation organizations. It is a comprehensive guide to 18 different types of wetlands, forests, and open spaces, each a habitat for specific wildlife.

"This is a beautifully

written and illustrated guide," said Peg Kohring, Executive Director of The Nature Conservancy's Minnesota Chapter. "It is destined to be the outdoor handbook for the

upper midwest."

The book results from a 5-year Forest Service effort to bring together into one easy-to-use publication research results that

have been scattered in numerous publications. "We wanted a popular book that would get research findings off library shelves and into the hands of folks

who could benefit from this information," said Dr. Tom Nicholls, project leader of the North Central Station's wildlife research project.

## Fast track work crew sets paving record

Working from sun-up to sundown seven days a week, paving crews resurfaced seven miles of I-96 west of Grand Rapids in record time.

Employees of Thompson-McCully Co. of Belleville completed the job Aug. 2, using only 375 hours—less than 16 days. That's about two months sooner than the usual resurfacing project and eight days ahead of the fast-track schedule developed in the special contract to pave the busy, four-lane freeway from Marne to Coopersville.

For doing the job so quickly, and meeting

all the contract specifications under the watchful eyes of the engineers and technicians of the Michigan Department of Transportation (MDOT), the company will collect the maximum \$100,000 bonus — \$500 an hour—on top of the contract price of \$1.4 million. There would have been a similar penalty if the job had come in late.

"They earned the bonus," said Rod Wyns, MDOT supervising engineer for the project. "Our people and theirs worked 70 to 80 hours a week to get the job done, and

get it done right."

William J. MacCreery, MDOT deputy director for highways, said the experimental project was designed to minimize the disruption to traffic on a freeway that carries an average 24,000 vehicles a day.

"With the success of

this project," he said, "We'll be looking at future work to see where similar accelerated procedures can be used. It would not be practical or desirable on every project, but we think it makes good sense on some high-volume roadways."

More women are choosing to start their own businesses, the U.S. Department of Labor has reported. The number of women-owned businesses in the United States rose from 1.9 million in 1977 to 3.3 million in 1983, according to a fact sheet of the Labor Department's Women's Bureau entitled "20 Facts on Women Workers."

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